

Verbal Commitment - Given by the recruit to a school, usually prior to one of the national signing periods. The recruit is comfortable with the school, the soccer program and the scholarship offer and agrees to not consider any other offers from schools currently recruiting her or any new school that may come into the picture later. The school agrees to hold the scholarship for the recruit and will not offer that money to any other recruits.

National Letter of Intent (NLI) - The document used by schools to officially establish the commitment of a recruit to a particular school. Once the recruit signs and returns the NLI to a particular school, the recruit cannot attend any other school that subscribes to the same NLI program for at least one academic school year, unless a release is granted by the school. NCAA I, II and III schools subscribe to the same NLI program. NAIA schools have their own NLI program as do junior colleges. The NLI must be mailed to a recruit and cannot be hand delivered by a school.

Unofficial Visit - A visit to a campus made at the recruit's own expense. The recruit may be driven around campus by a coach to view practice or game sites or other school facilities within a 30 mile radius. The only form of entertainment a school can provide to a recruit on an unofficial visit is **three complimentary tickets** to a school's on-campus sporting event. The recruit must use one of the tickets but may bring anyone else with her to the sporting event. A recruit may visit a campus and meet with a coach an unlimited number of times, except during a dead period.

Official Visit - A visit to a campus that is financed in whole or in part by a school. The recruit can make a maximum of 5 total official visits, but only one to a particular school. The school can pay for the recruit's air or ground transportation, housing, and meals but can only pay for the parents/legal guardians, or spouses housing and meals. The recruit may receive **three complimentary tickets** to a school's on-campus sporting event for **himself, his parents/ legal guardians, or spouse**. The recruit may bring other family members along but they must pay for their own expenses.

Phone Calls - A school can begin making phone calls to a recruit or her relatives or guardians on **July 1 following her junior year of high school**. The school is only allowed one phone call per week to each recruit. The recruit may call the school or a coach as often as she wants. Freshman, sophomore, or junior recruits can call a coach as often as they want, but a coach cannot return a call after a message has been left by the recruit.

Recruiting Materials/Correspondence – A school can begin mailing recruiting materials and general correspondence to a recruit after September 1 of the recruit's junior year in high school. A school can send freshman and sophomores in high school only a letter stating the NCAA rule regarding correspondence, a questionnaire, NCAA educational material, non-athletics school information, and camp information. E-mails are considered general correspondence.

Contacts – A school is allowed only **three contacts after July 1 of the year following the recruit's junior year of high school**. A contact is any face to face encounter off the institutions campus that is more than a greeting. An example of this would be a home visit by a coach.

Dead Period – A period of time when it is not permissible for a school to make an in-person recruiting contact or evaluation on or off the school's campus or to permit official or unofficial visits by recruits, unless the recruit is part of a group. No contact can be made with the recruit even if she is part of a group. Phone calls and general correspondence are still allowed during this time. In Division I women's soccer the only dead period is around the signing period. It begins two days prior to the signing date and ends two days after it.

Signing Date –The signing date for women's soccer is the first Wednesday in February of the prospect's senior year of high school.